

finished size: **78" x 91"**  
finished blocks: **42 (13") BLOCKS**

beginner  
**FRIENDLY**

# TWEENS

a quilt for a grown up kid

designed and made by **DODI LEE POULSEN**  
quilted by **CATHY DAHL**

**M**y grandson wanted a new quilt for his bed and wanted it to fit into his new age—TWEEN. I wanted to do something that would be masculine and yet have a variety of colors that he could design his new tween room around. One of his favorite colors is orange, so this color was the punch for the quilt. It's simple, fast, and very fun.

*Dodi*



Here is a picture of my man-child grandson. At 14, he stands 6'3" tall. I ran over today and grabbed a picture with him. Henderson is a real sweetheart and I'm happy he loves my quilts!





The APQS logo consists of the letters 'APQS' in a white, serif font, centered within a blue, wavy banner that has a dashed white line along its top edge.

APQS

The Quilting Daily logo features a white geometric diamond symbol above the text 'Quilting' in a large, white, sans-serif font, with 'DAILY' in a smaller, white, sans-serif font below it.

Quilting  
DAILY





## Plan

Big blocks and simple piecing makes this quilt a snap to assemble. Grab some fat quarters in a colorful assortment of fun colors and play!

Use an accurate  $\frac{1}{4}$ " seam allowance throughout to ensure all elements of the quilt fit together well.



Watch videos of all of the Sew Easy™ techniques and download the FREE Sew Easy™ Lessons ebook:

[www.quiltingdaily.com/category/videos/sew-easy/](http://www.quiltingdaily.com/category/videos/sew-easy/)

## Shop

Fabric yardage assumes 40" usable width of fabric (WOF) unless otherwise noted.

- Medium gray tonal  $\frac{5}{8}$  yd. for blocks
- Navy solid  $2\frac{5}{8}$  yds. for blocks
- White solid  $\frac{5}{8}$  yd. for blocks
- Light gray solid  $2\frac{7}{8}$  yds. for blocks
- Assorted prints 11 fat quarters\* or  $2\frac{1}{8}$  yds. total for blocks
- Orange tonal  $\frac{7}{8}$  yd. for binding
- Backing  $7\frac{7}{8}$  yds.
- Batting 86" x 99"

\*fat quarter = 18" x 20"

## Cut

Patches are lettered in order of use. Measurements include  $\frac{1}{4}$ " seam allowances.

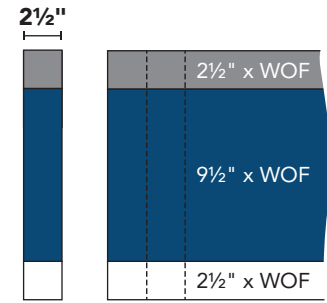
- Medium gray tonal 6 strips  $2\frac{1}{2}$ " x WOF for bands
- Navy solid 3 strips  $9\frac{1}{2}$ " x WOF for band A's 84 squares  $3\frac{1}{2}$ " (A) 42 rectangles  $2\frac{1}{2}$ " x  $9\frac{1}{2}$ " (C)
- White solid 6 strips  $2\frac{1}{2}$ " x WOF for bands
- Light gray solid 3 strips  $9\frac{1}{2}$ " x WOF for band B's 84 squares  $3\frac{1}{2}$ " (A) 42 rectangles  $2\frac{1}{2}$ " x  $9\frac{1}{2}$ " (C)
- Assorted prints cut 42 matching sets of:
  - 1 rectangle  $3\frac{1}{2}$ " x  $9\frac{1}{2}$ " (B)
  - 2 squares  $3\frac{1}{2}$ " (A)
- Orange tonal 10 strips  $2\frac{1}{2}$ " x WOF for binding

**NOTE:** Fabrics in the quilt shown are assorted basics by Riley Blake Designs. Batting is Quilter's Dream.



## Sew

- Referring to **Diagram I-A**, join medium gray tonal  $2\frac{1}{2}$ " strip, navy solid  $9\frac{1}{2}$ " strip, and white solid  $2\frac{1}{2}$ " strip to make band A as shown. Make 3 band A's total. Cut bands into segments  $2\frac{1}{2}$ "-wide to make 42 unit 1's.

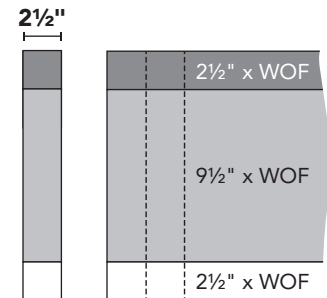


**Unit 1**  
Cut 42

**Band A**  
Make 3

**Diagram I-A**

Referring to **Diagram I-B**, join medium gray  $2\frac{1}{2}$ " strip, light gray solid  $9\frac{1}{2}$ " strip, and white  $2\frac{1}{2}$ " strip to make band B as shown. Make 3 band B's total. Cut bands into segments  $2\frac{1}{2}$ "-wide to make 42 unit 2's.

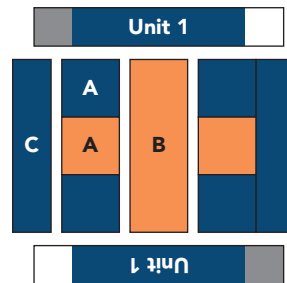


**Unit 2**  
Cut 42

**Band B**  
Make 3

**Diagram I-B**

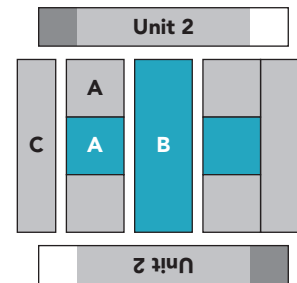
- Referring to **Diagram II-A**, join matching A's and B's, navy A's and C's, and unit 1's as shown to make block Y. Make 21 block Y's total.



**Block Y**  
Make 21 total

**Diagram II-A**

- In same way and referring to **Diagram II-B**, join patches and unit 2's as shown to make block Z. Make 21 block Z's total.



**Block Z**  
Make 21 total

**Diagram II-B**



**NOTE:** Refer to Assembly Diagram for following steps, watching block placement.

3. Sew 7 rows of 6 blocks each. Join rows together.
4. Layer, baste, and quilt. Cathy machine quilted concentric squares across the quilt surface. Bind the quilt.



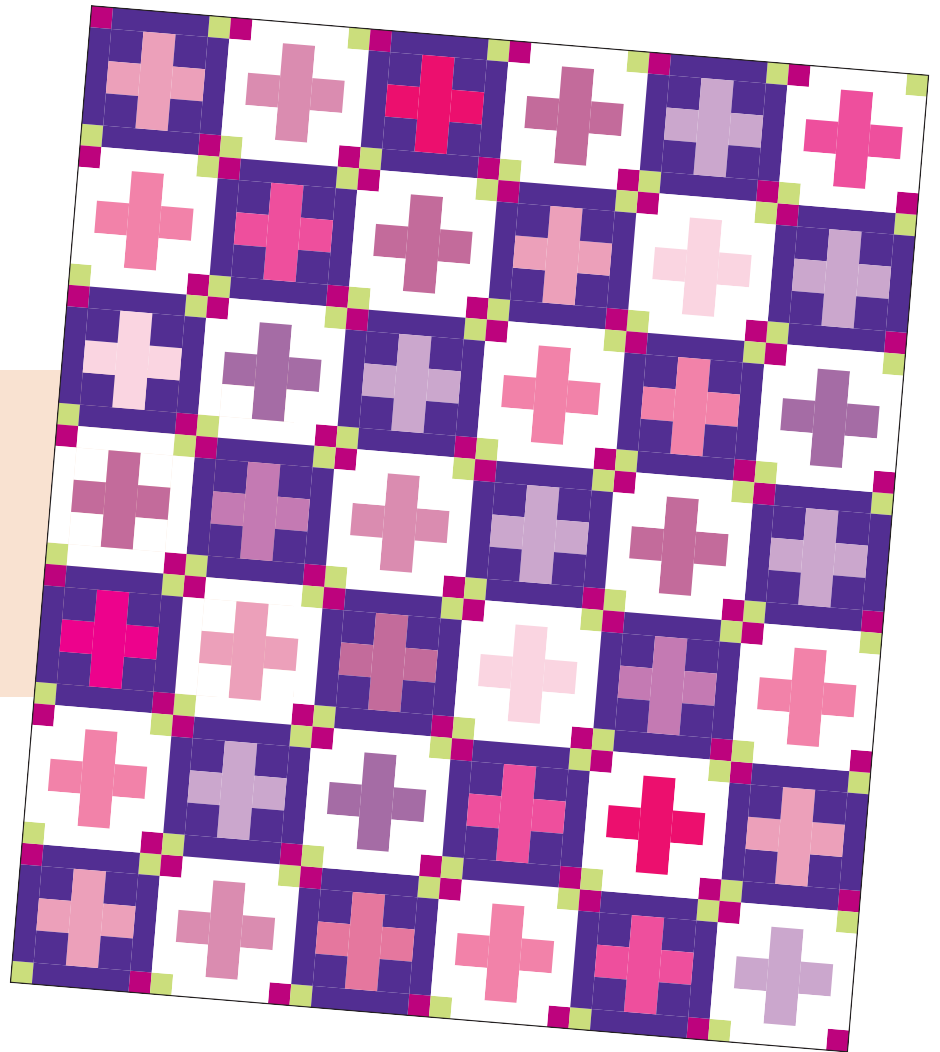
**Assembly Diagram**





### Color Option

Dodi's design works well whether done scrappy or using a planned color scheme. Purples, pinks, lime, and white make a great quilt for the purple lover in your life!

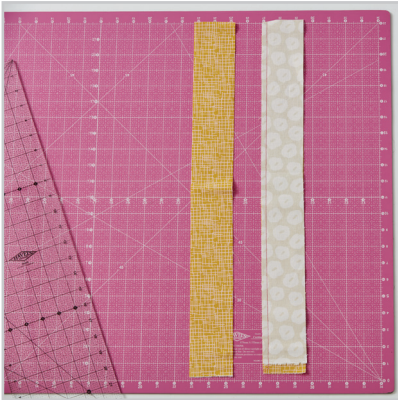


### Dodi Lee Poulsen

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# SEW EASY™ Making Bands

Strips are frequently sewn together to create a band, which you can cut into smaller segments.



**1.** To make a band, pair two strips with right sides facing and raw edges aligned. Stitch with  $\frac{1}{4}$ " seam. Press flat to set stitches.



**2.** Fold top strip back and gently press seam open to one side. Band should be straight, without any distortion along outside edges.



**3.** Add third strip to complete band and press as described in previous steps.



**4.** Measure height of band to ensure it matches the required measurements. Aligning horizontal lines on ruler with long edge and seam lines of strip set, trim uneven end of strip set.



**5.** Keeping horizontal lines on ruler aligned with band, cut required width segments.



**6.** If making bands with more than three strips, join strips in pairs and then sew pairs together.

**Products used:** Havel's Self-Healing Cutting Mat, Havel's 45mm Rotary Cutter, and Havel's 6" x 24" Fabric Ruler.  
Fabric from Garden Glory collection by Maja Ronnbeck and Abstract Collage collection by Ampersand, both for Paintbrush Studio Fabrics.

**TIP** If combining units from multiple bands, such as for a **Nine-Patch block**, press seams in bands in alternating directions to "nest" seams.



Watch this Sew Easy™ Lesson at [QuiltingDaily.com/Sew-Easy-Making-Bands](https://www.QuiltingDaily.com/Sew-Easy-Making-Bands)