

# Island Four Patch

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Seashell Quilts - APQS Kelowna



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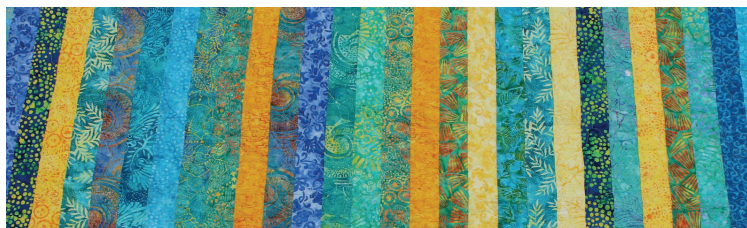
## 45" x 60" Finished Quilt

### Fabric Materials:

- 40 - 2-1/2" strips the width of fabric (WOF) - Each strip should measure approximately 42" long.
- White Fabric - 1/4 yard (for setting triangles)
  - cut 5 - 7" squares
  - cut 2 - 3-3/4" squares

### Preparation

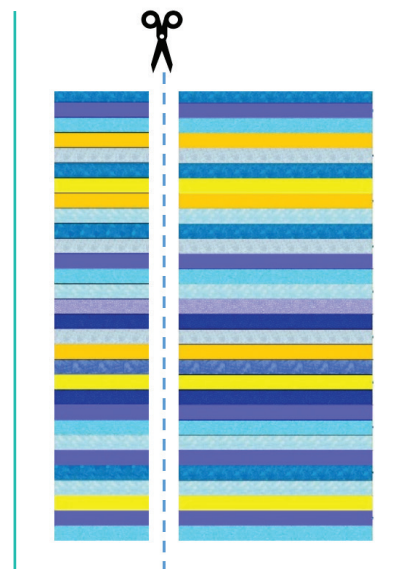
- Cut one 2-1/2" square from each of the 40 strips and set aside for making the four patch units.
- All seam allowances are 1/4".



### Strip Unit "Strata" Construction

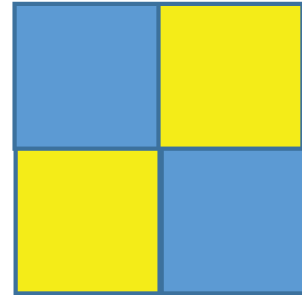
- Sew 30 - 2-1/2" strips together on the long sides to create a "strata" strip unit that measures 60" x the remaining WOF. Set aside the remaining strips for binding.
  - Alternating the sewing direction of the strips helps to keep your quilt top flat and minimizes any skewing as you make the strata.
  - The strips may not be all the same length; try to keep one end even as you sew.
- Trim the strata into a rectangle approximately 39" by 60".
- Cut the strata into two pieces, cutting about 13" off the left side. After cutting you will have two pieces - one measuring about 13" x 60" and one measuring 26" x 60".

**!** Don't worry if your strata measurement is slightly different! In this case, close enough is good enough. Just divide it into two pieces, about 1/3 and 2/3 as shown at right. Set aside.



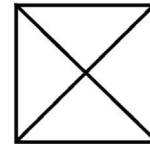
## Four Patch Units

- Gather the 40 - 2-1/2" squares that were set aside earlier. These will be used to make four patch units.
- Sew 2 - 2-1/2" squares together, making 20 units. Press the seam allowances to one side.
- Place 2 units together with the seam allowances pressed in opposite directions. Nest the seams together; sew into four patch units.
- Make 10 four patch units.

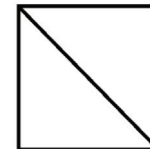


## Setting Triangles

- Cut the 7" white squares twice on the diagonal, making 1/4-square triangles.

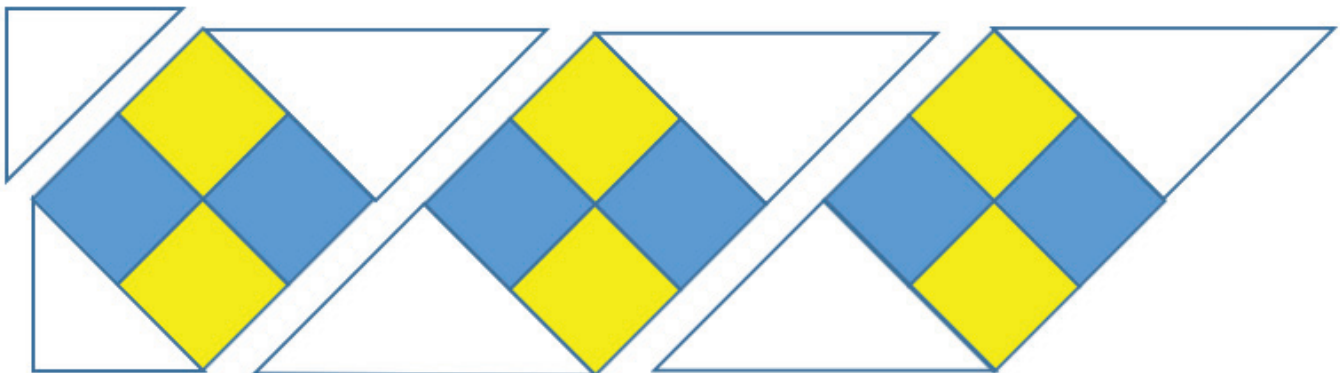


- Cut the 3-3/4" white squares once on the diagonal, making 1/2 square triangles.



## Four Patch Strip

Assemble the four-patch strip according to the diagram below, using all 10 four patch sets. Add the quarter-square triangles to the first and last four-patch units (illustrated on the left side below) to complete the strip.



- Sew the three sections together as shown, and you're done!
- Use the remaining 10 strips to bind the quilt after quilting it with your favorite design.

